



Client Request and Authorization for Naturopathic Services

I hereby understand that as the client, I acknowledge that the nutritional profile, evaluation and suggestions of any supplemental materials, such as vitamins, minerals, enzymes, and herbs, are not for the diagnosis, treatment, cure, alleviation, prevention, or care of any disease. I agree that I am totally responsible for obtaining qualified medical assistance for such services or for the care of any disease or pathological condition. I reserve the right to use the knowledge I gain from the consultation in any manner I may choose in the care of my own body. I further declare that the sole reason for requesting the services from this office is to obtain a suggested nutritional program for the building of my health and well being.

Consultations are limited to education in matters pertaining to the improvement in the overall health and maintenance of the best possible state of physical, mental, and emotional health. Being of sound mind, I have chosen this method of building my health of my own free will. I am aware that any remedies or procedures recommended are not for the diagnosis or treatment of any health condition or disease, and any remedies or procedures utilized will be done by my own choice.

Recommendations may include herbs, which are considered to be foods, not drugs. When using a new herb, it is recommended that you begin with the standard dosage, and observe how your body reacts. If you do not receive the desired result, dosages may be increased. Herbs are not considered to be harmful, and tend to be slow acting. It may take several months to a year at a sustained dosage for the body to heal itself using herbal remedies.

The science of Homeopathy teaches that it takes one month for every year of illness for the person to rebuild the body. Since the herbs are food, you can take them whenever you want, for as long as you want. While taking herbs - DO NOT FORGET THE IMPORTANCE OF MAINTAINING A PROPER DIET, AND CONSUMING ENOUGH WATER.

I understand that I am here to learn about nutrition and better health practices. I will be offered information about food supplements and herbs as a guide to general good health. I fully understand that those who counsel me are not medical doctors, and I am not here for medical diagnostic purposes or treatment procedures. The services performed here are restricted to consultation on nutritional matters intended for the maintenance of the best possible state of natural health, and do not involve the diagnosing, treatment, or prescribing of remedies for disease.

I have read and fully understand the above listed information.

Signature _____ Date _____

Printed Name _____